CHADWELL PRESS

OUR COMMUNITY, OUR COMMUNICATION

AUTUMN 2026

VOICES
STORIES
IDEAS

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25 Sport & PE News



We did it!

★ STOP THE PRESS! AWARD WINNERS ★

WE ARE A CENTRE OF EXCELLENCE

Most schools hold the IQM Inclusive School Award for three years before they can become a Centre of Excellence. Chadwell Heath Academy achieved both on its first assessment, after a year of gathering evidence and a two-day visit in June.

"This is a school that does not simply speak about inclusion, it lives and breathes it."
IQM ASSESSOR

FIRST TIME!



THE STORY CONTINUES ON PAGES 4–7 →

WELCOME BACK

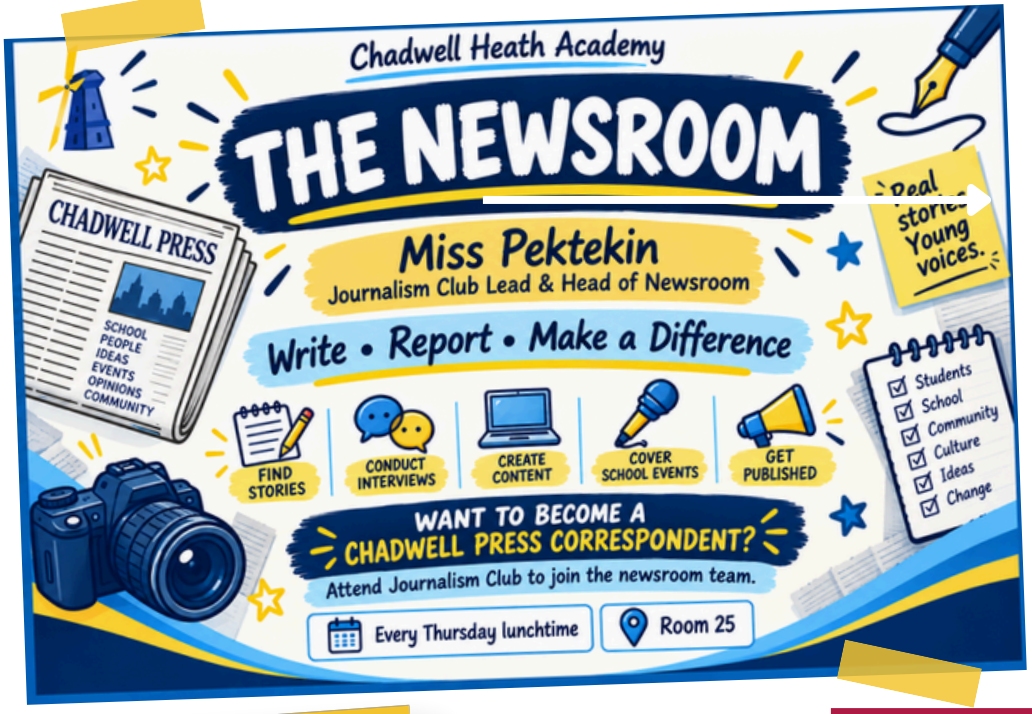
Welcome to the first Chadwell Press issue of this academic year.

A school is full of stories. Some happen on a stage or a sports pitch; others begin with a question in a classroom, a conversation at lunchtime or an idea that someone decides to try.

Chadwell Press brings those stories together for students in Years 7–13, staff and families. This issue looks at our inclusion events around our school, the big interview with none other than Mr Poddington, and the amazing enrichment opportunities we have to offer.

Our student correspondents have an important job: asking questions, listening carefully and helping our community understand what is happening. Their work begins with curiosity and depends on accuracy.

You do not have to be the loudest voice to have a story worth sharing. An unusual achievement, a thoughtful opinion or an interesting photograph can be the starting point for a report.



MAKE YOUR VOICE HEARD

Send a story idea, a photograph or a short piece of writing to the Chadwell Press team. Include the names, dates and details and we will cover your story for you!

JOIN THE NEWSROOM

Journalism Club
Thursday lunchtime
Room 25
Ask questions. Check facts. Tell stories.

GOT A STORY?

Spotted something brilliant around school? Tell us who, what, when and where. We will check the details and will send a correspondent to report on it. A note, a message or a quick chat with Miss Pektekin – photos welcome!

Send your story

Staff scan here
Parents/carers can submit via their child.

INSIDE THIS ISSUE

Your school. Your stories.

Voices, stories and ideas – with room for everyone!

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Meet the correspondents

OUR NEWSROOM

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Ama Nebo

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Aadeesh Tharmaseelan

Form 7A

WANT TO JOIN?

Journalism Club
Thursday lunchtime
Room 25

No experience needed!

A whole year in the making

The story behind the award, from the teacher who led Chadwell's IQM journey.

By Ms Malik, Lead Practitioner – Raising Aspirations & Attainment, and KS3 Maths Lead

WELL DONE, CHADWELL!



The Wizard of Oz, December 2025: a whole-school production, from stage to backstage. Photo: Chadwell Press

A year of photos, stories and teamwork

For an entire academic year, I collected evidence of the wonderful things happening at Chadwell Heath Academy: lessons, clubs, trips, performances, pupil achievements, support for families, and those everyday moments of kindness that often go unnoticed.

It was a huge project, but definitely not a one-person job! Pupils, parents, governors, teachers, support staff, subject departments, the Inclusion Team and school leaders all contributed. The two-day visit on 8–9 June 2026 brought that year of hard work to life.

We should all feel incredibly proud. This award belongs to the whole school.

FAST-TRACKED!

Schools usually hold the Inclusive School Award for three years before working towards Centre of Excellence. Chadwell did it on its first assessment.

> "A worthy and outstanding Centre of Excellence."
>
> **IQM assessor's report, June 2026**

INCLUSION IN ACTION

What did IQM look at?

Eight big areas of school life – and real voices from the report.

1 OUR VALUES & ETHOS

Belonging, respect and the promise that every pupil matters.

"The school motto of No Child Left Behind is not just a slogan."

"Classrooms are calm, purposeful and well structured." – **IQM assessor**

2 LEADERSHIP FOR INCLUSION

Staff and governors working together so inclusion is everyone's responsibility.

"Everyone is a leader of inclusion." – **Senior leader, quoted by IQM**

3 A CURRICULUM FOR ALL

Ambitious subjects, support and pathways that help every child participate and progress.

"We are incredibly proud that any child that wants to stay at Chadwell Heath Academy can stay." – **School leader**

"The breadth and ambition of the curriculum offer is another outstanding feature." – **IQM assessor**

4 TEACHING & LEARNING

Lessons that adapt, without lowering expectations, so pupils learn in their own way.

"Each class is customised to us." – **Pupil**

"Teaching and learning are of a high standard across the school." – **IQM assessor**







REAL SCHOOL LIFE!

From left: KPMG careers visit · Jack Petchey Speak Out Challenge – our Grand Final winner, Gandhi Nguzo (35,000 entrants, 15 finalists, 1 winner) · a focus on well-being and mental health. Photos: Chadwell Press.

"The range and quality of enrichment on offer is extraordinary."
– IQM assessor

INCLUSION IN ACTION

Our school, our voices

The story continues: four more areas, and the moments that bring them to life.

5 ASSESSMENT & PROGRESS

Feedback, effort, celebrating growth and spotting the next step for every learner.
“Effort is really prioritised and recognised.” – Staff member
“The school regularly recognised even small achievements and effort.” – Parent

6 BEHAVIOUR & PERSONAL GROWTH

Positive relationships, wellbeing, kindness and helping every child feel safe.
“It is sometimes the small things that make a huge difference.” – Staff member

7 PARENTS & CARERS

Partnerships with families, honest communication and support for additional needs.
“The school is so diverse but we all are so included.” – Parent
“Included, listened to and kept informed.” – Parent

8 OUR WIDER COMMUNITY

From local clubs to companies, universities, productions and trips: raising aspirations.
“Feel known, valued and connected.” – Staff member
“This is a school that gives generously and receives richly in return.” – IQM assessor



Top, from left: Dynamik national basketball winners · cultural enrichment at the Royal Albert Hall · STEM enrichment with CGI – Chadwell win again! Bottom: The Wizard of Oz – centre stage · inspiring speakers · The Secret Garden – growing together. Photos: Chadwell Press.

NO CHILD LEFT BEHIND. ALWAYS.

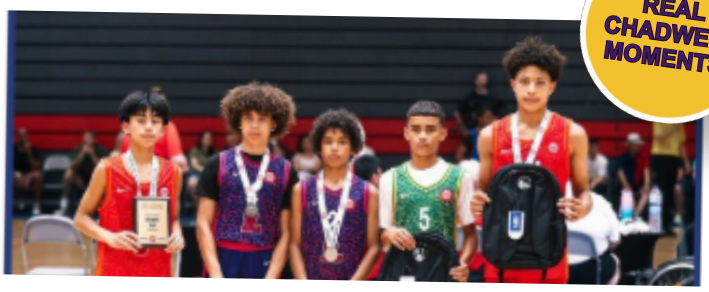
INCLUSION IN ACTION

More to celebrate

"A real family community connection." – staff reflection, quoted by the IQM assessor



CULTURE DAY!
Celebrating our diverse culture.



INCLUSIVE SPORT FOR ALL!
The Panathlon, Let Girls Play football and our Sports Leaders.





CHARITY WITH A PURPOSE:
We united to Show Racism the Red Card, promoting equality, respect and inclusion.



MODEL UNITED NATIONS:
Our students proudly represented the school, building confidence, debating global issues and earning two awards!

Photos: Chadwell Press. Read the full IQM report on the school website: chadwellacademy.org.uk

★ WHAT OUR PARENTS SAY ★

"All the teachers have been passionate, approachable and genuinely invested in our child's growth, both academically and personally."

"Whenever our child needed additional support, staff were always welcoming and willing to help."

"Communication with the school has been amazing. Staff have been very responsive and we have always felt well informed and supported."

"The values and skills our child has learned at Chadwell Heath Academy will guide them well beyond the classroom."

THIS IS MORE THAN A BADGE. THIS IS CHADWELL!

This independent accreditation celebrates something our community has built together. We will never claim to get everything perfect, but we work incredibly hard to make sure every pupil is included, supported and given the chance to thrive. From the Secret Garden to The Wizard of Oz, from the classroom to the sports hall, this school is full of people who care. And that is worth celebrating.

THE BIG INTERVIEW



Mr Poddington, Headteacher of Chadwell Heath Academy

EXCLUSIVE INTERVIEW

Meet the Head

Results, inclusion, big plans for the year – and a weakness for jelly strawberries.

By Elizabeth Page

Additional reporting by Elizabeth Ibigbami and Aadeesh Tharmaseelan

On 12 October, three Chadwell Press correspondents interviewed our headteacher, Mr Poddington, in his office at lunchtime. We began by asking what made him proudest of last year’s Year 11 students: “We had some amazing results last year,” he said. He highlighted a big rise in the number of students achieving in English and maths, but said success was not just about the top grades. There were “lots of little success stories” across all abilities, and “every student achieved in their own way”.

Mr Poddington was just as proud of what students across the school achieved beyond the exam hall, from shows and performances to external challenges and the teaching and learning group. For Mr Poddington, it was “a collective of the year”.

Asked whether one story had stayed with him, he said there was not just one. Instead, he spoke about the Inclusion Quality Mark (IQM) assessment in the summer term, when an assessor visited the SEN garden and the Hub and spoke to students and staff. The school has since achieved IQM Centre of Excellence status.

He described the school as “a non-stop source of pride” and pointed out that our interview was itself a sign of change: “You’re here talking to me and this is something you wouldn’t have done a couple of years ago.”

So what does the award say about our school? Mr Poddington believes it shows that we recognise the individuality of every student, member of staff and community member, while bringing everyone together as “one family”. “We’re all different, we’re all special because of that,” he said. “But then we’re all together and we look after each other.”

The award also recognises Chadwell Heath Academy as a place of excellence. Staff will share good practice with a network of around nine schools and learn from them in return, with visits starting in November. “My teachers and my staff don’t know everything,” he said, which is why listening to other schools – and to students – matters so much.

THE BIG INTERVIEW



Chadwell Heath Academy from above

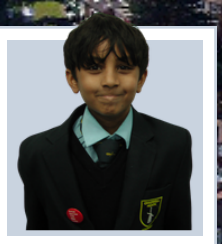
THE REPORTERS BEHIND THE QUESTIONS



Elizabeth Page



Elizabeth Ibigbami



Aadeesh Tharmaseelan

Mr Poddington's first priority this year is student voice, giving you more chances in lessons to talk about your learning and develop your ideas through discussion. His second is literacy and oracy. He wants students to speak confidently about concepts using Tier 2 and Tier 3 vocabulary, because what you can say, you can then write – and that helps you reach the highest grades. Why does this matter so much to him? "Because I believe in all of your potential," he told us. He said our school holds the next generation of politicians, lawyers, architects, plumbers and electricians, and that confident speaking will help us whatever path we choose. When one of us said we wanted to be a reporter, he replied: "There you go. So this is one of the opportunities you've got."

This year, students will notice an even bigger range of clubs, societies and sports, and Coding Club may return. There are also new leadership roles, including mental health and inclusion ambassadors, and students will help out at break and lunchtime.

As a student, Mr Poddington loved maths and science but found modern languages much harder, having studied French and Russian. "I wasn't very good at the languages," he admitted.

He tries to get out of his office every break and lunchtime, and every day someone shares a funny story, their weekend or their worries with him. "When I go into assemblies and I say good morning and I hear every voice, that really makes me feel proud to be here."

> **"I believe in all of your potential"**
>
> **– Mr Poddington**

Finally, we asked what advice he would give to anyone who is struggling. Mr Poddington was honest: everyone struggles, including him, and as you get older "those struggles don't ever go away. They just change." His advice is to share how you feel with loved ones, friends or another trusted adult. Even now, he still talks to his mum when he feels low. "There's always someone to talk to."

We hope this interview has helped you get to know our headteacher a little better. And if you would like to ask the next questions, come and join us at Journalism Club!

QUICK-FIRE



Tea or coffee? Coffee – "all the time".

Early bird or night owl?
Early bird – up at 5am walking his two dogs, Enid and Bear.



Book or film?
It depends on his mood: Marvel and Star Wars films, or books by Tolkien and David Gemmell.

DC or Marvel? Batman for DC; Wolverine for Marvel.



Sweet or savoury?
Sweet! Jelly strawberries and fangs are his "Achilles heel".

Favourite school dinner? Spaghetti Bolognese.



Favourite snack? Sweets!

Favourite film? Avengers: Endgame.

PRIZE GIVING



Thursday 22 October

A night to celebrate

Cups, trophies and awards for effort, behaviour, hard work and subject success at this year's Prize Giving Ceremony.

By Chadwell Press

On Thursday 22 October, Chadwell Heath Academy held its Prize Evening in the school hall. From 7pm until around 8.45pm, students went up to collect prizes, awards and cups in recognition of their effort, behaviour and hard work, as well as their achievements across a wide range of subjects.

The hall had been beautifully decorated for the occasion, and the evening ran smoothly from start to finish. Former students also returned to celebrate alongside a new generation of prize-winners.

Headteacher Mr Poddington described the evening as "a wonderful celebration of our students, their achievements and our school community".

He also thanked the staff who worked behind the scenes, pointing out that events like this "only happen because people are willing to go above and beyond".

Congratulations to every student who received an award – and to everyone whose hard work has been noticed. Keep it up!

CELEBRATING SUCCESS





"A truly special event of which we can all be proud."
– Mr Poddington

BEHIND THE SCENES

Thank you, team!

An evening like this takes a lot of people. Mr Poddington thanked:

Ms Phillips
Organised, coordinated and planned the evening, right through to the night itself.

Mr Wade and Mr Wells
Set up the hall, with Mr Wade also running the sound, which "worked seamlessly".

Ms Kote
Decorated the hall, creating a setting that was "absolutely beautiful".

Mr Sharda
Read out the citations and handed out the trophies "with aplomb".

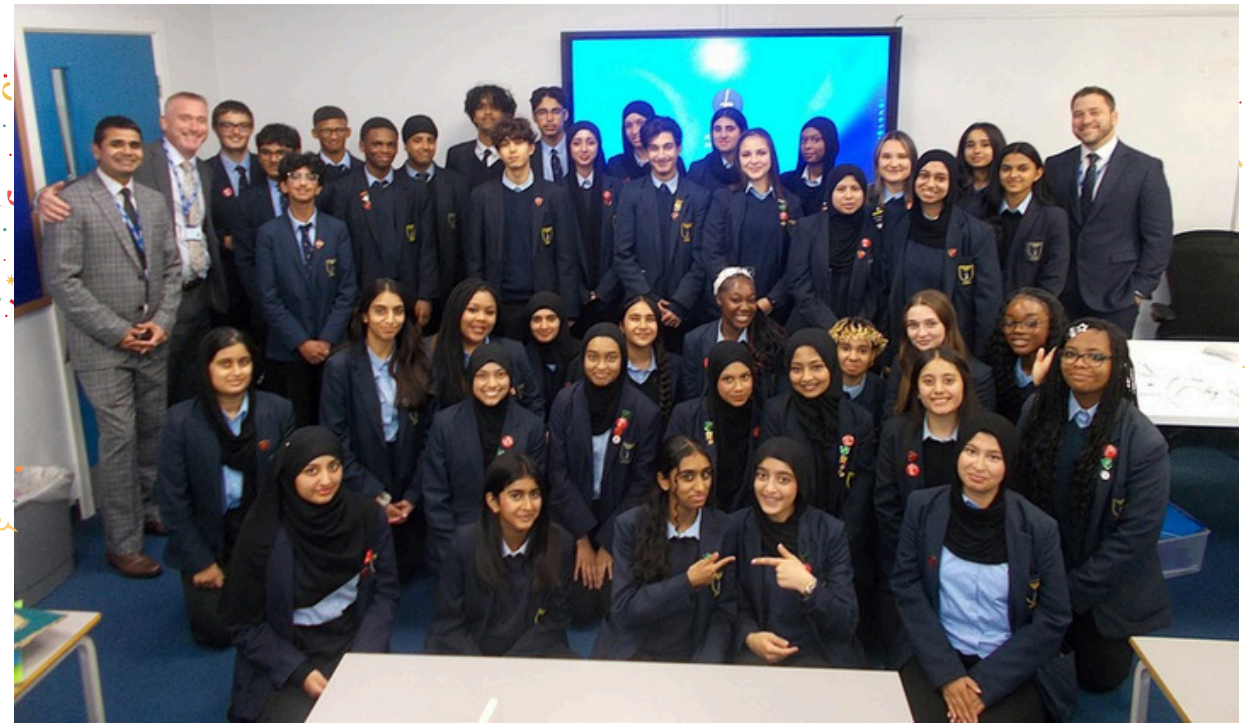
Ms Knight
Keeps in touch with former students, so some of our best could return to celebrate with a new generation.

Every member of **staff** who came along
"Your presence matters."

"Events like this only happen because people are willing to go above and beyond."
– Mr Poddington

STUDENT LEADERSHIP

43 NEW PREFECTS!



Meet our new prefects!

19 SENIOR PREFECTS

24 PREFECTS

THEIR ROAD TO PREFECT

1. **Application** — 50+ Year 11s wrote applications
2. **Reference** — A teacher backed each application
3. **Interviews** — 3 days with Mr Rumble and Mr Sharda
4. **Appointment** — 19 senior prefects and 24 prefects

PREFECT JOB CARD

Duties may include:

- ✓ Help form tutors with daily tasks
- ✓ Mentor pupils at homework club
- ✓ Supervise the Reading Garden
- ✓ Help at open and parents' evenings
- ✓ Visit primary schools at transition
- ✓ Lead assemblies when called upon
- ✓ Be a role model to their peers

Q&A WITH MR SHARDA

What made the successful candidates stand out?
They are our future leaders and they were amazing; it was honestly one of the hardest decisions I've had to make because the process was so competitive.

What is the difference between a senior prefect and a prefect?
Senior Prefects take on greater leadership responsibilities, while all prefects play an important role in representing and supporting the school.

What do you hope the prefects will achieve this year?
I hope they become fantastic role models, support younger pupils and staff, and make a really positive contribution to school life.

STUDENT LEADERS

Meet our student ambassadors!

The Hub

Ruthwik Puralasetty
Nanjiba Islam

STEM

Aryan Prakash 7S
Zaydan Chowdhury 7B
Amelia Miah 8S
Lilly Nolan 8O
Aisha Patel 9A
Amy Gao 9B
Anastasiia Bordukova 9O
Abrish Aamir 9O
Alisha Sadiq 10B
Alexis Ishiekwene 10O
Ameli Gashi 10A
Harmanpreet Kaur 10S
Kevin Cernat 10E
Mariam Yousaf 10O
Naysha Ahammed 10B
Subhaan Kiany 10B
Abdullah Bari 11E
Falisha Ishaq 11P
Fatima Farrukh 11B
Maria Choudhury 11E
Nicoleta Lisnic 11O
Riana Khatri 11A
Samrah Rashid 11P
Alex Nolan 12.1
Fatimah Ahmed 12.2
Jannatul Patawary 12.3
Kashvi Dommata 12.2
Mia Sugalska Marinova 12.2
Mysha Ali 12.3
Nanjiba Islam 12.4
Nour Djitli 12.1
Simmi Thakker 12.5
Tahsin Ahammed 12.3
Zayan Ahmad 12.5
Mohammed Isa Yousaf 13.3
Rohail Faraz Ahmed 13.6
Saira Begum 13.4
Tangina Munshi Begum 13.3

Teaching & Learning

Salaar Khan
Amy Gao
Liyana Kalam
Kevin Cernat
Ameli Gashi
Aroosh Asif
Victoria Bukatchuk
Lois Boachie

Green

Sasha Uddin
Sumayyah Moumin
Tahiya Bint-Azad
Sara Syed
Sara Masood
Evie Nolan
Naima Hussain
Andrei Sirbu

Inclusion

Inayah Uddin 7B
Zainab Ahmed 7A
Liyana Ali 7A
Alex Quartey 7A
Kimora Legemah 8E
Mahum Faheem 8S
Azeemat Salami 8E
Amelia Miah 8S
Ilyas Miah 8E
Khadija Khandaker 8A
Jagbir Dhinjan 8S
Eisa Uddin 9P
Mehradul Shawkat 9P
Muskaan Mahey 10B
Naysha Ahammada 10B
Mariam Syted 12.3
Mysha Amani Ali 12.3

Literacy

7A: Aadeesh & Raymond
7B: Shabun Ahmed
7E: Zain Vali
7O: Anabia Miah
7P: Khadija Hazra
7S: Khaali Saujani
8A: Ilayah Ali
8B: Ermina Valkauskaite
8E: Ilyas Miah
8O: Lynn Mutandagayi
8P: Lyla Sudra
8S: Alexandru Bulmaga
9A: Mohamed Tekyeldin
9B: Dawud Ahmed
9E: Josiah Ojewunmi
9P: Aysha Begum
9O: Amina Sheikh
9S: Taiba Mehmood

Wellbeing

Yaseen Ahmed 11S
Maxi Besli-Bailey 11O
Nicoletta Lisnic 11O
Matthew Page 11E
Aarav Sharda 8P
Lynn Mutandayayi 8O
Lynn Mutandayayi 8O
Amelia Miah 8S
Fabliha Islam 9E
Mariyah Ahad 9B
Shanaya Butter 9E
Elizabeth Page 10A
Zunairah Hassan 10A
Lukas Do Nascimento 10A
Fareeha Woozeerally 12.2
Eiliyah Ishaw 12.3
Sara Uddin 12.6

Year 11: Areeba Shaikh, Marcia Daniella Ferreira, Jasmail Singh, Alisha Khan, Zaynab Rahman, Nadia Qureshi, Neha Malique, Gurkirat Kaur Mattla, Sasha Uddin, Fatima Zahra Chaudhry, Nicoleta Lisnic, Michaela Atulomah, Nikisha Vithlani, Roniya Gul, Sumayyah Moumin, Sara Masood, Mariam Syed, Mysha Amani Ali.

What a week, Chadwell!

Our Inclusion Ambassadors spent a whole week teaching the school about Show Racism the Red Card – and raised £110.85 along the way.



FIRST HALF: THE WEEK

Show Racism the Red Card Week was led from the front by our Inclusion Ambassadors. On different days, they gave an assembly in the drama hall to each year group, telling the story of Shaka Hislop, Ged Grebby and how the charity began.

In AM form time, students had two lessons: one on Stephen Lawrence, and one on what it means to be an ally. In the afternoon, we read an extract from The Danger of a Single Story, a TED talk by the Nigerian author Chimamanda Ngozi Adichie.

THE AFTERNOON READING



Chimamanda Ngozi Adichie

Nigerian author · TED talk, 2009

"The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete."

From The Danger of a Single Story. Photo: chimamanda.com.

HOW IT ALL BEGAN: FROM £50 TO £110.85

1995

Shaka Hislop faces racist abuse.

£50



Shaka gives £50 to Ged Grebby.

1996



The charity is founded in January.

2026

Chadwell raises £110.85!

COMMUNITY & INCLUSION

Thank you, Chadwell!

Our donation is on its way to the UK's leading anti-racism educational charity.









Our Inclusion Ambassadors at the bake sale. Photos: Chadwell Press.

£110.85

FULL TIME · FRIDAY 16 OCTOBER

RAISED FOR SHOW RACISM THE RED CARD



SECOND HALF: THE BAKE SALE

The week ended with a bake sale on Friday 16 October, run by the ambassadors. Some came in early to set up the tables and display the food, while others worked as greeters, servers and cashiers.

Every cake was a £1 donation – and everyone who gave got a Show Racism the Red Card badge to wear. The £110.85 raised has now been donated to the charity. Well done, everyone!

> **"Kindness is basic human nature."**
> Almurtaza, 11E

MANAGER'S NOTES

I could not be prouder of our Inclusion Ambassadors. From leading assemblies to running the bake sale like true professionals, they gave their all every day. Thank you to everyone who baked, bought and supported – you have made a real difference.
– Miss Pektekin

PLAYERS OF THE MATCH

Ms Lyall, Maths
For baking a yummy school cake for the sale

Khadijah K, Year 8
Jasreen I, Year 7
For baking red velvet cupcakes

POST-MATCH INTERVIEWS

"I think this is probably the most popular bake sale we've had yet. I think it's very easy to be kind – it doesn't cost money." – **Naima, 11A**
"I think it's a very good turnout today. I think [racism is] something we should kick out of society." – **Matthew, 11E**
"We enjoy seeing how diverse this school is." – **Sasha, Sumayyah and Sara, 10B**
"It's great because I'm with peers and friends." – **Jagbir, 8S**
How do we get rid of racism? "Joining more groups with more races and befriending more races." – **Marcia, 11O**

LANGUAGES & CULTURE







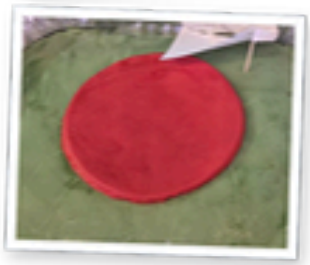
30+ CAKES!

















World Languages Day

Well, well, well.

Yet another feast for the eyes at our annual massive cake bake sale held in celebration of our multicultural community at the school. We had over 30 cakes entered and we were hard put to find some winners, but the winners were Amelia from 8 Swift and Lucas from 7 Elliot.

We had a wonderful range of cakes representing Italy, Saudi Arabia, Romania, France, Germany, among many others, and some wonderful cakes with world maps! It feels very cross-curricular indeed.

We thank each and every one of you for making the effort to take part. The hall was decked out beautifully with colourful bunting, and the event was well attended and overseen by our sixth-form students – what a great job they did!

Events like these are special because they bring us together in celebration of our heritage languages and cultures – what is not to love!

Thanks again to all staff at the school helping out, as well as parents and children who took part and supported. We made over £100, which will go to the Trussell Trust. It all made the day special. Humbled once again.

MFL Team







Cool Culture Cakes

By Elizabeth Page, 10 Austen



"The sense of people coming together to celebrate something we all enjoy."
– Ms Troll

THE EVENT

On Monday 28 September 2026, the languages department held a bake sale that raised over £100 for the charity the Trussell Trust. Students taking part gathered in the main hall during period 3 and helped to sell their cakes at lunchtime. Everyone proudly celebrated their cultures, showing the diversity that is part of our school's ethos.

The students who brought in baked goods waited in the hall in anticipation as the teachers chose the best cakes. The judges included Ms Troll, Mr Green and Mr Poddington. After a speech in which the students and sixth formers were warmly thanked, the winners were announced: Amelia from 8 Swift and Lucas from 7 Elliot.

THE CHARITY

The money raised will go to the Trussell Trust, which supports a network of more than 1,400 food banks across the UK. These food banks give emergency food and practical help to people in crisis, while the charity campaigns to end the need for food banks altogether. Each emergency food parcel holds three days' worth of nutritionally balanced food, and people can also get advice and support with the hardships of poverty.

The charity was founded in 1997 by Paddy and Carol Henderson, using money left by Carol's mother, Betty Trussell, and it opened its first UK food bank in Salisbury in 2000. It has grown quickly since then. Its food banks are run locally, often with churches and community groups, and donated food usually comes from schools, places of worship and supermarkets.

IN THEIR WORDS

During the event, reporters interviewed teachers about their culture and their experience of the day. Mr Green said: "I see my culture as both German, French and English." When asked about the atmosphere, he said it was "really lovely", adding: "I'm really proud of everyone who entered and pleased with everyone's commitment to languages."

Mr Poddington said his culture is "Hungarian and English" and described the event as "delicious" and "impressive as well because lots of people put their culture into cake". Finally, Ms Troll told us: "I'm from the Lake District. I'm also half German." Her favourite part was "the sense of people coming together to celebrate something we all enjoy".

Reporters also asked student Shasthi about her cake. She replied: "I did my cake on Japan but my culture is Sri Lanka." Sixth former Sharan said she enjoyed "watching people get happy over cake".

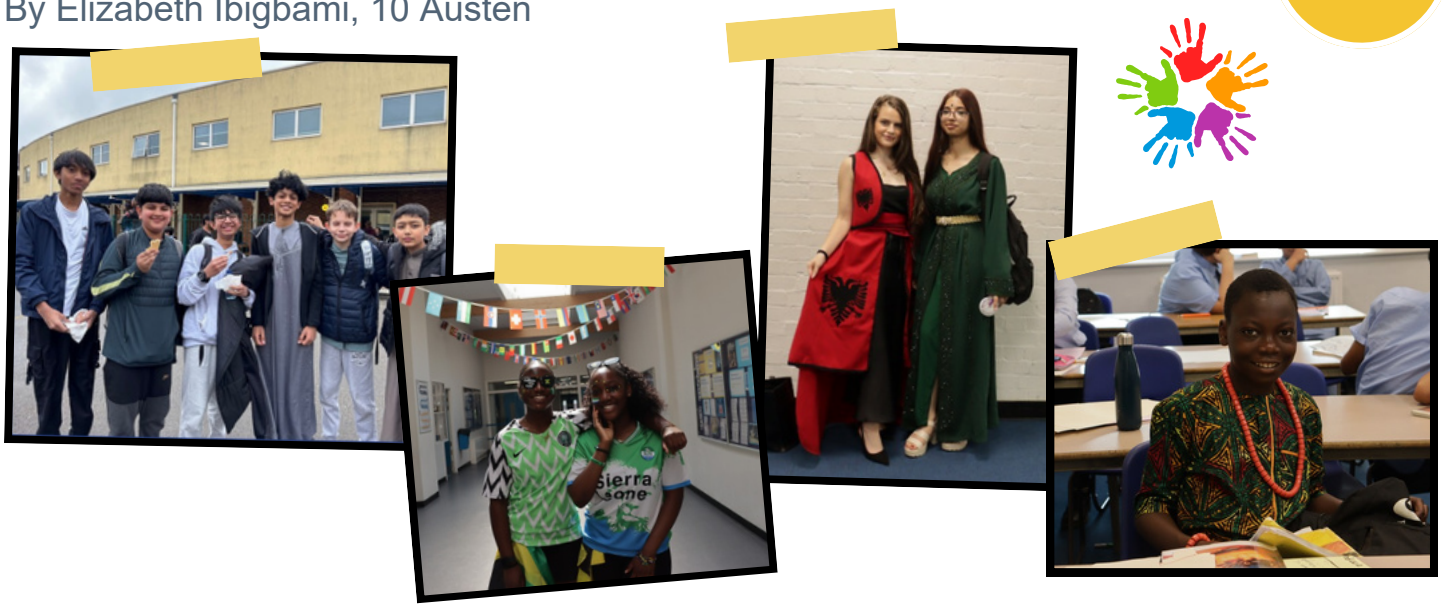
GET INVOLVED

If you would like to get involved with the Trussell Trust, you can donate once, give monthly or, even better, volunteer. Visit trussell.org.uk to see what works for you. The bake sale is held every year, so look out for it again next year! To read more about diversity at Chadwell, turn to "Life without sweet diversity" by Elizabeth I on the next page.

Life without sweet diversity

OPINION

By Elizabeth Ibigbami, 10 Austen



18%
England and Wales: Asian, Black, Mixed or other ethnic groups

19%
England – the most diverse of the UK's four nations

46%
London – the most diverse region

37%
Northern Ireland, Wales and parts of the North East

THE BIG QUESTION

Diversity is a big part of our community, especially in our school. We celebrate it in lots of different ways: from bake sales to Culture Day, Cultural Fashion Day and more. But what if our school wasn't diverse? What if the school just stopped caring about diversity?



LIFE WITHOUT IT

So what would school be like without diversity? Many friendships would never happen. There would be no sleepovers with friends from different backgrounds, no swapping stories about each other's families, food and traditions, and many students could feel lonely or left out. We would also lose the different languages, cultures and experiences that our staff and students bring into every lesson.

Diversity makes our school the place it is – so let's keep celebrating it!

HELLO! MERHABA! BONJOUR!

LANGUAGE CHALLENGE: How many languages are spoken in your tutor group? Count them up, learn to say hello in each one, then tell Chadwell Press. We will print the record-breakers next issue!

SEND YOUR TOTAL

WELLBEING & COMMUNITY

HELLO YELLOW!

By Elsa Randhawa and Ama Nebo, 7 Orwell

On Friday 9 October, Chadwell Heath Academy turned yellow for World Mental Health Day as we supported YoungMinds once again. Students wore yellow to show their support, start conversations about mental health and raise money for the charity.



The main-hall assembly theme was “Creating a Culture of Belonging”. Our student Wellbeing Ambassadors delivered the message to year groups across the school, reminding us that belonging is something we create together through our everyday actions.



The Chadwell community also raised an amazing £304 for YoungMinds. Thank you to everyone who donated and helped make the day such a success!

Our message is simple: it is extremely important to look after your happiness and not bottle things up. Speak to someone you trust for advice and support. If you are worried about something, you can also speak to a trusted adult in school or contact Childline.







Photos by Chadwell Press Team

The day was about much more than wearing a colour. It encouraged us to think about how our language, behaviour and awareness can help people feel safe, respected and included. Different people may need different kinds of support – and small acts of kindness can make a big difference.

World Mental Health Day reminded us that checking in on each other matters. A conversation, a kind word or asking someone if they are okay can help build the culture of belonging we want at Chadwell Heath Academy.

Thank you to Ms Garrett for organising such an amazing event!

Champions of maths!



"Every pupil has the opportunity to succeed in mathematics."

1 Understanding in depth

The Maths Department at Chadwell Heath Academy has been working hard over the past few years to develop its approach to teaching mathematics, with a particular focus on Maths for Mastery. This means making sure pupils don't just learn tricks and memorise steps but really understand the content in depth.

2 Building confidence

Using White Rose Maths, we have redesigned our curriculum to help pupils build their understanding step by step, develop confidence and become better problem-solvers. We want pupils to not only know how to answer a question but also understand why a method works.



3 Champion School recognition

This year, we were delighted to receive the White Rose Maths Champion School Award, recognising the hard work and commitment of our department in developing and embedding this approach.

4 Looking ahead

Our journey is far from over, but we are proud of the progress we have made. We are working really hard to ensure that every pupil has the opportunity to succeed in mathematics.

A big thank you to the whole Maths team for their hard work and dedication.

This achievement reflects our school ethos of "No Child Left Behind". We look forward to building on this success as we continue to inspire confident, resilient and enthusiastic mathematicians.

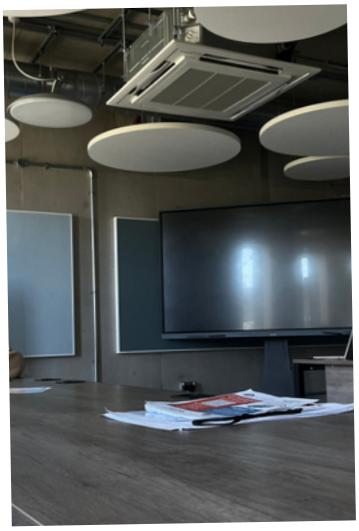
CAREERS

Next stop: TfL!

Eight Chadwell students spent a week behind the scenes at Transport for London's head office in Stratford. By Ms Malik









MARIA'S WEEK ON THE LINE · 15–19 JUNE 2026

MON
Controlled real traffic lights at a junction

TUE
Why trees are planted where they are

WED
Human factors and land surveying

THU
Tested a train simulator in C&I and CAD

FRI
Asset strategy: how TfL spends its budget

A special offer just for Chadwell

Last year, TfL engineer Zofia Grawor gave a special talk to our Year 9s. She was so impressed by our well-behaved and respectful pupils that when I asked about work experience, she was more than happy to help. This placement is highly sought-after, but we were given direct access to the team running it. That is why our school ethos matters: the way we behave directly affects the opportunities we are given.
So many of you applied!

Well done to the eight who were offered places: Maria Choudhury, Sumayyah Moumin and Maisha Uddin (Year 11), Eiliyah Choudhury (Year 12), and Efrayim Akor, Ameer Akande, Maryam Yasin and Sumaiyah Islam (Year 13).

Thank you to Zofia Grawor and Rajinder Chana at TfL for helping to arrange it all.

In their words

"It was a brilliant opportunity that allowed me to explore different career paths, learn from professionals and see how STEM subjects are used in real working environments."

– Maria Choudhury, Year 11

Sumaiyah toured the control rooms for the new Silvertown Tunnel, the cable car and the Woolwich Ferry: "My overall TfL work experience was highly positive and very enjoyable."

– Sumaiyah Islam, Year 13

"My most memorable site visit was on the Woolwich Ferry, where the driver gave a detailed talk on how to navigate the ferry and showed us what controls she used."

– Maryam Yasin, Year 13

GOLDEN TICKET

Charlie and the Chocolate Factory Auditions!

By Chadwell Press reporters



THE AUDITIONS

On Tuesday 13 October, around 60 students packed into the drama studio from 4.30pm to 5.30pm to audition for the school's next big show, Charlie and the Chocolate Factory. Two teachers and three judges were on the panel. Ms Kahn, Head of Music, said the turnout was "a lot more than expected, which is nice to see". After last December's whole-school production of The Wizard of Oz, she was very excited to see so much interest in the new show.

BEHIND THE AUDITIONS

The session began with a talk about commitment. Then it was time to act! Students performed a scene from just before the characters enter the chocolate factory, and there was lots of laughter along the way.





Students at the Charlie auditions. Photos: Chadwell Press.

CAST VOICES

"I want to be Willy Wonka."

Nervous about going for the main role, but loves drama. Strengths? "I would say acting and possibly dancing."

JAGBIR · YEAR 8 — ADMIT ONE

"Um, Veruca!"

Hoping to play Veruca Salt: "I can sing and dance." A little nervous – "just the vibe".

JUMAYMAH · YEAR 7 — ADMIT ONE

"All casting decisions have now been finalised"

Ms Chekkour, Head of Drama

WHAT'S ON AT CHADWELL

Find something for you

Every pupil is expected to attend at least one club regularly – find yours, then pull this out and pin it up!

THE ENRICHMENT CHALLENGE

Pick up an Enrichment Challenge card and take it to every club you attend. Ask the teacher running the club to sign it off each time. Collect the signatures you need to complete your card – your tutor can tell you how many.

HOW TO JOIN

1. Write the club in the extra-curricular timetable in your planner.
2. Get a Club Pass from the teacher running the club. No Club Pass = no entry.
3. When you arrive, remind the teacher to add you to the register.

KEY: 📚 Academic & Intellectual · 🔬 STEM · 🎨 Creative Arts · 🤝 Community · ⚽ Sport · ★ By invitation only

MONDAY

BEFORE SCHOOL

⚽ Basketball · Sports Hall · All years

LUNCHTIME

📚 Book Club · Room 39 · Ms Afridi · All years
📐 Further Maths Club · Room 28 · Mr Ali · Y10 & Y11 Set 1
🎨 Printing Club · Room 76 · Ms Goodyear · KS3
🎶 Choir · Room 50 · Ms Kahn · All years
🏃 Fitness · Fitness Suite · Ms Harrold · All years
⚽ Netball · Sports Hall · Ms Howard / Ms McGee · All years

AFTER SCHOOL

⚽ Girls Football · Field · Ms Garratt · All years

TUESDAY

BEFORE SCHOOL

⚽ Basketball and G&T Basketball · Sports Hall · All years

LUNCHTIME

Debate Club · Room 44 · Ms Hand · All years
📚 Young Enterprise · Room 64 · Mr Harper / Mr Willingham · Selected Y10 Business Studies pupils
🎥 Filmmaking Club · Room 65 · Mr Smith · All years
🎭 Theatre Lab · Room 30 · Ms Ayeni · Y7/8
🤝 Chess Club · Room 6 · Ms Lyall · All years, beginners welcome
🏸 Badminton · Sports Hall · Ms Harrold · All years
⚽ Trampolining · Sports Hall · Ms Garratt · KS4 (Modules 2 & 3)

AFTER SCHOOL

📐 Further Maths Club · Room 5 · Mr Ramchurn · Y10 & Y11 Set 1 ★
📚 Walrus Club · Room 44 · Ms Hand · Selected Y11 G&T ★
🎨 Production Rehearsals · Drama Studio · Ms Chekkour / Ms Kahn · All years
⚽ U16 Boys & Sixth Form Football · Mr Williams
⚽ Y7 Mixed Basketball · Sports Hall · Mr Henry

WEDNESDAY

BEFORE SCHOOL

⚽ Basketball and G&T Basketball · Sports Hall · All years

LUNCHTIME

🔬 LEGO Club · Room 43 · Ms Stretton · All years
⚽ Handball · Sports Hall · Ms Garratt / Mr Ager · All years
⚽ KS3 Trampolining / U16 Basketball · Sports Hall · Ms Howard / Mr Henry

AFTER SCHOOL

⚽ Netball · Upper School · All years
⚽ Y7 Boys Football · School Field · Mr Ager

Join as many clubs as you like, and switch if you want to try something new. Got an idea for a new club? Speak to Ms Malik.

WHAT'S ON AT CHADWELL

THURSDAY

BEFORE SCHOOL

⚽ Basketball · Sports Hall · All years

LUNCHTIME

🎨 Hobby Hub · Room 76 · Ms Postbeschild
🎨 Origami Club · Room 77 · Ms Goodyear · KS3
🎨 Journalism Club · Room 25 · Ms Pektekin / Mr Smith · All years
⚽ Dance · Dance Studio · Ms McGee · KS3
⚽ Girls Indoor Football / Table Tennis · Sports Hall / Gymnasium · All years

AFTER SCHOOL

⚽ Y8/9 Boys Football · Mr Ager

FRIDAY

BEFORE SCHOOL

⚽ Basketball · Sports Hall · All years

LUNCHTIME

🔬 KS3 Science Club · Room 54 · Ms Miah · KS3
🔬 Sustainability Club · Room 41 · Mr Drew / Ms Marks · All years
🎨 Keyboard Club · Room 52 · Ms Krol · KS3
🤝 Gardening Club · Top Secret Garden · Ms Roberts · All years
🤝 Bible Club · Room 29 · Ms Duijker · All years ➔ Featured club
⚽ U14 Mixed Basketball · Mr Henry

SIXTH FORM CLUBS

🔬 Chemistry Society · Tuesday lunchtime · Room 58 · Mr Twomey · Y13
🔬 Physics Club · Thursday lunchtime · Room 10 · Mr Sanderson · Y12/13
📚 Study Hall for Athletes · Friday after school · Sixth Form Study Room 1 · Mr Henry
⚽ U16 Boys & Sixth Form Football · Tuesday after school · Mr Williams

EVERY DAY

🤝 The Library · Lunchtime · English Department
🤝 The Hub · Break and lunchtime · Relax, revise and socialise

★ FEATURED CLUB

Bible Club

Explore · Connect · Create · Believe
By Ms Duijker, Learning Support Assistant

Friday lunchtime · Room 29 · All years

Bible Club is a relaxed space to come together, ask questions, share ideas and discover more about the Bible and Christianity. Together, we can explore how faith connects with everyday life. Everyone is welcome – whether you already believe, are curious or are just interested in finding out more.

WHAT CAN YOU EXPECT?

🍕 Snacks
🎤 Guest speakers and performances
✍️ Writing, art and creative projects
🎲 Games and challenges
🎄 Seasonal activities
💬 Real conversations and discussions
🎶 Praise and worship
🙏 Prayer
🎬 Movie afternoons (on selected dates)

There is no need to know it all or to have all the answers already. Just come as you are. The goal is to build confidence and discover your gifts, to develop a deeper understanding of God, yourself and your purpose, and to build a community you actually want to come back to every week.



Bible Club on Friday 23 October. Photos: Chadwell Press.

PE & SPORT NEWS

CHADWELL HEATH ACADEMY

PE NEWSLETTER

@CHAcademy_PE



SPORTS AWARDS

The evening is an opportunity for us to recognise and celebrate the outstanding sporting achievements and dedication of our students throughout the academic year. Awards were presented by members of our Sports Council and Sports Leadership Teams, for ***performance***, ***effort*** and ***leadership*** across a wide range of sports, activities and programmes we run across the Physical Education department.

The evening was a memorable occasion, with Dance performances from Mia & Victoria who represent England, highlights from the year and former student, Tara Knowles, now Physiotherapist at West Ham FC presented our awards and received her Sport Legacy Award. We were also honoured to be joined by students family and friends to acknowledge the hard work and commitment of our young athletes.



PE & SPORT NEWS

SPORTS DAY

Our Sports Day was a fantastic celebration of physical activity, school spirit, and friendly competition. Students from all year groups came together to take part in a range of events designed to ***challenge***, **inspire**, and most importantly— be ***inclusive***.

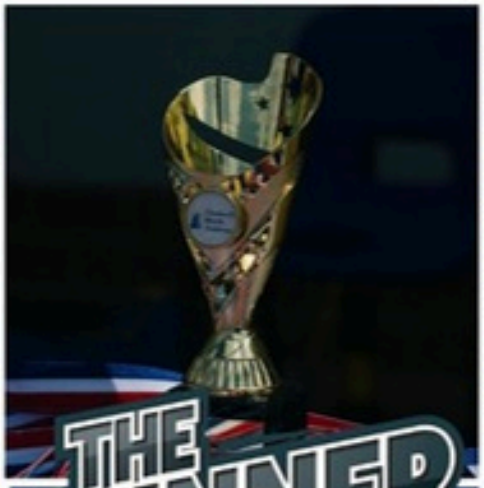
The day featured a full programme of field and track events, including long jump, shot put, sprints, and relay races. The atmosphere was electric as students cheered each other on, demonstrating outstanding sportsmanship!

It was brilliant to see so many students engaged, motivated, and proud to represent their houses and year groups. A huge thank you to all the staff, Sports Leaders, and students who helped organise, lead, and take part in such a successful and inclusive event.

We're already looking forward to next year's Sports Day!













PE & SPORT NEWS

SPORTS STARS

Leadership Skills Foundation

Believe. Lead. Succeed.

CHADWELL HEATH ACADEMY ACHIEVES CENTRE OF EXCELLENCE ONCE AGAIN!



Ohadwell Heath Academy is proud to have once again achieved Centre of Excellence status from the Leadership Skills Foundation for its delivery of the Sports Leaders qualification.

This recognition reflects our continued commitment to developing students' leadership skills, confidence and self-belief through sport. The Sports Leaders programme provides students with valuable opportunities to take initiative, communicate effectively, work collaboratively and inspire others, while developing skills that extend far beyond the classroom.

We are delighted that our continued dedication to student leadership has been recognised once again, and we look forward to recruiting our next cohort of year 10 Sports Leaders after half term!



> *Becoming a Centre of Excellence is highly competitive, and the Leadership Skills Foundation only seek to recognise the top 1-2%. This is a huge achievement!*

SCHOOL GAMES



We are delighted to announce that we have once again achieved the School Games Gold Mark Award for the 2025/26 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

TEAM GB · Department for Culture, Media & Sport · Department of Health & Social Care · SPORT ENGLAND · YOUTH SPORT TRUST

THE CHADWELL CHALLENGE

Quiz time!

10 questions to tackle together in form time. Every answer is hiding somewhere in this issue – can your form find them all?

WIN A PRIZE FOR YOUR FORM!

1 🎯 What is our school motto?
A Aim High B No Child Left Behind
C Dream Big D Together We Grow

2 🏃 Which award has the school won for PE in the academic year 2025/26?

3 🍬 Which sweets are Mr Poddington's "Achilles heel"?
A Mints B Jelly strawberries
C Toffees D Gummy bears

4 🏆 At Prize Giving, which teacher handed out the trophies?

5 ⭐ How many new prefects were appointed this year? (Add the senior prefects and prefects together!)

6 🟥 How much did Chadwell raise for Show Racism the Red Card?
A £50.21 B £99.83
C £110.85 D £140.22

7 🎂 TRUE or FALSE? At the languages bake sale, Mr Poddington said his culture is Hungarian and English.

8 🍫 🏭 🎟️ EMOJI PUZZLE! Which show are students auditioning for?

9 🌱 Where does Gardening Club meet on Friday lunchtimes?

10 ➗ Which award did our Maths department win this year?

FORM TUTORS: HOW TO ENTER

1. Read the questions together and find the answers in this issue.
2. Click the button to submit your form's answers by Friday 11 December.
3. The form with the most correct answers wins a prize and a shout-out!

How did your form do? 10 = Chief Editors 🏆 · 7–9 = Senior Reporters · 4–6 = Junior Correspondents · 0–3 = Keep reading!

SUBMIT YOUR ANSWERS →